



European Sustainable Energy Seminar

17-19 August, 2026



Venue: Nordic Folkecenter for Renewable Energy, Ydby, Denmark

Policies for Sufficiency as Climate Policies

Presentation of sufficiency policies and proposals from Sweden

Marit Widman, Swedish Society for Nature Conservation (SSNC)



Presentation is part of Proceedings https://inforse.org/europe/seminar_2026_INFORSE-Europe_Denmark.htm



Swedish Society
for Nature Conservation



Latvijas Zaļā kustība
Latvian Green Movement



Naturvernforbundet
Friends of the Earth Norway



Eesti
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Estonian Green Movement-FoE



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Sufficiency

National policy paper Sweden

Marit Widman, SSNC

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Naturskyddsföreningen

SSNC (Swedish Society for Nature Conservation)

- Sweden's largest environmental NGO
- Founded in 1909
- Around 200 000 members
- 271 local associations (almost in every Swedish municipality)
- 44 collaborations with organisations around the world





Sufficiency Context Sweden

High consumption country

- Very high energy use
- Large living space
- High consumption of consumer goods
- High consumption of animal products

Challenges

- Fossil free electricity
- Long distances, rural areas
- Increasing inequality
- Right-wing nationalist government – abolished environmental policy



National policy report examples

Buildings

- Progressive energy tax on electricity and heating
- Regulate non-critical energy use

Consumption

- Regulate aggressive marketing



National policy report examples

Mobility

- No more new motorways/freeways
- Differentiated road tax
- Restrict use of private jets

Food

- VAT-shift based on health and environmental aspects of food



Naturskyddsföreningen

Next step

- Finalize national policy paper
- Finalize overview report on sufficiency
- Seminar/webinar in the fall
- Policy advocacy
- Member information



Naturskyddsforeningen

Read more:

Project: ***Sufficiency as Climate Actions in Nordic Baltic Countries***



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<https://www.naturskyddsforeningen.se/artiklar/nordiskt-projekt-tar-sikte-pa-mer-hallbara-livsstilar/>

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