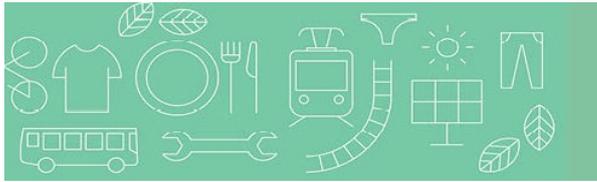


UNFCCC COP28 Side Event, Blue Zone
Sat., 9 Dec. 2023, 15:00-16:30 (UAE) (12.00 CET, 11.00 GMT)
B6, SE Room 7, Building #85 & UNFCCC ONLINE



Sustainable lifestyles, Sufficiency Supporting Just Climate Action, Stronger NDCs

Move to more *sustainable lifestyles*, also known as including *sufficiency*, can help reducing emissions in high-emission countries with affluent lifestyles. Policies supporting these should be included in the Global Stock Take (GST) and new Nationally Determined Contributions (NDCs).

At this side-event, we will present *what sufficiency is* and *why it is necessary and how it is possible*; new European research that shows **specific sufficiency actions and policies** that can make a difference and **how sufficient (or not sufficient) Europeans in five countries are**, and a **scenario that shows how the 27 EU countries can follow a sustainable path to a zero-emission region** fueled by renewable energy. The side-event will also include time for a presentation and discussions on **how to include sufficiency better in NDC's**, including **EU's NDC** that consist of 27 national energy & climate plans (NECPs) and in the conclusion of the GST.

Program:

What is sufficiency, why is it necessary, why desirable and how is it possible. Results of literature survey.
by Prof. Lorenzo Pagliano, Director of "End-use Efficiency Research Group", Politecnico di Milano, Italy.

European Research in Sufficiency. The results of a **surveying 9,500 Europeans** within the project FULFILL - "Fundamental decarbonisation through sufficiency by lifestyle changes",
by Dr. Vicki Duscha, Fraunhofer Institute for Systems and Innovation Research, Germany.

Local sufficiency initiatives driven by engaged citizens and how local authorities can help making them succeed. Result of **surveying 50 initiatives**.
by Judit Szoleczky, International Network for Sustainable Energy-Europe (INFORSE-Europe).

How Europe can reduce GHG emissions faster with emphasis on **sufficiency and demand reductions**, the **CLEVER scenario for EU-27**.
by Yves Marignac, Association négaWatt, France.

Sufficiency policies in NDCs and the EU countries national climate and energy plans (NECPs): what is there already and how to make sufficiency policies drive faster decarbonisation,
by Gunnar Boye Olesen, Int. Network for Sustainable Energy (INFORSE), and SustainableEnergy, Denmark.

Comments from the EU negotiator /official /Climate Action Network.

Discussion on the possible role of sufficiency policies in decarbonisation and how to get them into climate plans, including NECPs and NDCs, and in the conclusion of the GST.

Organisers: International Network for Sustainable Energy (INFORSE), Association négaWatt, France; Fraunhofer Institute for Systems and Innovation Research FhG ISI, Germany; & SustainableEnergy, Denmark.

The FULFILL Project - "Fundamental decarbonisation through sufficiency by lifestyle changes" is supported by the European Union's Horizon 2020 Research and Innovation Program.

LIVE at UNFCCC: www.youtube.com/live/ueDAV07VoFU?si=LW2GBr96aaJ4wIIA

More: <https://fulfill-sufficiency.eu/> <https://twitter.com/fulfilleu> <https://inforse.org/cop28.php>

