

Moving to more sustainable lifestyles – "sufficiency" reduces emissions from affluent lifestyles. Policies supporting these should be included in the Global Stock Take (GST) and new Nationally Determined Contributions (NDCs).

At this side-event, we will present sufficiency – sustainable lifestyle policies to decarbonise and we propose to include them into NDCs, and GSTs. We will present results of a *new innovative European research of FULFILL Project* (*) surveying *over 20.000 people, 50 citizen initiatives, 16 national policies*; 3 citizens' workshop *modelling quantitative effects* in an input-output model; focusing on sectors: housing, food, transport, and consumption in EU countries and in India. Moreover, how these can contribute to 100 % renewables.

Program:



What is **sufficiency**? **Better with Less !** Life style changes **reduce emissions**, keep us within **planetary boundaries** and contribute to **societal well being**. IPCCC's SER model: Sufficiency, Efficiency, Renewables.

By Yves Marignac, Association négaWatt, France



Sufficiency in our society. The results of a surveying over 20.000 people, 50 citizens' initiatives, 16 policies, 3 citizen workshops in 5 EU countries + India, and gender aspects within the project FULFILL (*).

By Dr. Elisabeth Dütschke, Fraunhofer ISI, Germany



Input-output model, quantifying CO2 reductions of policy changes.

By Wolfram Sparber, Eurac Research, Italy



Sufficiency policies in NDCs and the EU countries national climate and energy plans (NECPs): what is there already and how to make sufficiency policies drive faster decarbonization, **100 % renewables scenarios.**

By Gunnar Boy Olesen, INFORSE-Europe / SustainableEnergy, Denmark.



Q & A : Discussion on the possible role of **sufficiency policies in decarbonisation** and how to get them into **climate plans**, including NECPs and NDCs, and in the conclusion of the GST. Moderator: *Judit Szoleczky, INFORSE*.

* FULFILL Project: "Fundamental decarbonisation through sufficiency by lifestyle changes" supported by EU Horizon 2020. <u>https://fulfill-sufficiency.eu/suffiency/</u>

More at INFORSE's website: <u>http://www.inforse.org/SB60.php</u>